



STAMPING IN THE DARK

for a group of people (as few as 2)

close eyes

count out loud in unison at a slowish tempo up to 12 (try out other numbers) and from then on repeat the counting silently to yourselves at the same tempo. On the (silent) "1" of each grouping stamp one or both feet.

Try to find a common tempo from the way the stamping coincides or fails to coincide; for example if you find yourself stamping ahead or behind most other people, slightly alter your tempo of counting.

Keep eyes closed throughout. After a while, move slowly in the room, perhaps seeking to group yourselves by sound (e.g. getting closer in space to those whose beat you are in close tempo with—or some other idea of spatial arrangement. Determine beforehand how to end the piece.

