Singing Instructions:
1) Focus on the pitches in the room and choose a pitch already in the room
2) Sing the chosen pitch on any vowel with a swelled envelope
3) Count to the number indicated for the current section
4) Go to 1

Harmonica Instructions:
1) Play a note on the harmonica in the range provided for each section and at the indicated dynamic
2) Count to the number indicated for the current section
3) Go to 1

Harmonicas:
- for bowed piano, vibes, tam-tam, feedback guitar, 70 singers, 40 Chinese rattle-drums, and 30 harmonicas

by Sam Pluta